

VIOLENCE RISK ASSESSMENT FOR GENERAL MENTAL HEALTH CLINICIANS



Britta Ostermeyer, MD

Paul & Ruth Jonas Chair in Mental Health,
Professor and Chairman, Department of
Psychiatry and Behavioral Sciences,
College of Medicine, University of
Oklahoma, Oklahoma City.
Chief of Psychiatry for OU Health.

Learning Objectives.

Upon completion of this presentation, participants will improve their competence and performance by being able to:
(1) Gain an understanding of the relationship of violence and mental illness. (2) Identify violence risk factors. (3) Conduct clinical violence risk assessments.

TREATMENT OF AGGRESSIVE BEHAVIOR IN CHILDREN AND ADOLESCENTS

Shahnaz Kasmani, MD

Clinical Assistant Professor,
Department of Psychiatry, School of
Community Medicine, University of
Oklahoma, Tulsa



Learning Objectives.

Upon completion of this presentation, participants will improve their competence and performance by being able to:
(1) Define aggressive behavior in children and adolescents. (2) Identify underlying causes and triggers. (3) Differentiate between developmentally typical emotional outbursts and pathological aggression. (4) Discuss evidence-based pharmacologic interventions for managing aggression.

TO REGISTER:

Zoom link to follow.

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Diversity, Culture and Treatments in Psychiatry:
An Educational Forum
Course No. 26D10

COPS CME PROGRAM

NOVEMBER 13, 2025

FREE ZOOM PROGRAM REGISTRATION REQUIRED

**6:45 PM -- Log-in Attendance &
Speaker Introduction**

7:00 - 9:00 PM -- CME PROGRAMS

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Oklahoma College of Medicine and the Central Oklahoma Psychiatric Society (COPS). The University of Oklahoma College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Oklahoma College of Medicine designates this live activity for a maximum of **2.00 hours of AMA PRA Category 1 Credit™**. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

Please set up your OUHSC CME Cloud account with profile in advance at:

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Be sure your mobile/cell phone number is listed in your CME profile as you will text a code during the meeting to receive credit.

Role(s)	First Name	Last Name	Ineligible Company	Nature of the Financial Relationship
Planning Committee	Irina	Baranskaya, MD	I have no financial relationships or affiliations with ineligible companies to disclose.	
Planning Committee	Robyn	Cowperthwaite, MD	I have no financial relationships or affiliations with ineligible companies to disclose.	
Planning Committee	Brooks	Koenig, BS	I have no financial relationships or affiliations with ineligible companies to disclose.	
Planning Committee	Eleanor	Lastrapes, MD	I have no financial relationships or affiliations with ineligible companies to disclose.	
Course Contact	Renee	Mixon, BA	I have no financial relationships or affiliations with ineligible companies to disclose.	
Planning Committee	Britta	Ostermeyer, MD, MBA, FAPA	I have no financial relationships or affiliations with ineligible companies to disclose.	
Course Director	Phebe	Tucker, MD	I have no financial relationships or affiliations with ineligible companies to disclose.	
Presenter	Britta	Ostermeyer, MD, MBA, FAPA	I have no financial relationships or affiliations with ineligible companies to disclose.	
Presenter	Shahnaz	Kasmani, MD	I have not financial relationships or affiliations with ineligible companies to disclose.	