

Regularly Scheduled Series

OU Foot and Ankle Journal Club

Course No.

Tuesday, August 18, 2026

6:30am - 7:30am

Zoom Link:

<https://zoom.us/j/96518107690?pwd=Ly9OWE9nRTlhbm54Y3VRd0ZlcDkwQT09>

Zoom (Z:965 1810 7690) PW: 3400 3400

Foot and Ankle International Journal Selected Articles August 2026

Presented by:

Sara J. Sustich, MD PGY4

Christian V. Demaio, MD PGY2

1. Broström Repair With and Without Augmentation: Comparison of Outcomes at Median Follow-up of 5 Years
2. Hybrid, Suture Button, and Screw Fixation for Syndesmotic Stabilization in Isolated Danis Weber Type B and C Fibular Fractures
3. Outcomes After Proximal Medial Gastrocnemius Recession and Stretching vs Stretching as Treatment of Chronic Plantar Fasciitis at 6-Year Follow-up
4. Accuracy of Patient-Specific Instruments for Supramalleolar Osteotomies
5. Serum Titanium Following Total Ankle Arthroplasty
6. What Circulating Titanium May Be Telling Us After Total Ankle Arthroplasty

Professional Practice Gaps:

1. The need to keep physicians and other practitioners up to date on the evidence-based medicine in Foot and Ankle Surgery.

Learning Objectives: Upon completion of this session, participants will improve their competence and performance by being able to:

1. Identify and address gaps in quality of clinical service provided in Foot and Ankle Surgery
2. Evaluate evidence-based knowledge and skills in Foot and Ankle Surgery
3. Develop teamwork and research among the foot and ankle community in Oklahoma by including an inter-professional audience.
4. Apply lifelong learning in foot and ankle surgery to assist foot and ankle surgeons in providing high quality care to patients.
5. Discuss competence in one or more of the six core competency areas.
6. Apply patient-centered care through inter-professional education.
7. Demonstrate the practice of evidence-based medicine in Foot and Ankle Surgery.

Accreditation Statement: The University of Oklahoma College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Oklahoma College of Medicine designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Mitigation Statement: The University of Oklahoma College of Medicine, Office of Continuing Professional Development has reviewed this activity's speaker and planner disclosures and has mitigated all relevant financial relationships with ineligible companies, if applicable.

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Accommodation Statement: For accommodations, please contact Melissa Trimble at 405-271-4426.

Disclaimer Statement: Statements, opinions and results of studies contained in the program are those of the presenters and authors and do not reflect the policy or position of the Board of Regents of the University of Oklahoma ("OU") nor does OU provide any warranty as to their accuracy or reliability.

Policy on Faculty and Presenter Disclosure: It is the policy of the University of Oklahoma College of Medicine that the faculty and presenters disclose real or apparent conflicts of interest relating to the topics of this educational activity, and also discloses discussions of unlabeled/ unapproved uses of drugs or devices during their presentation(s).

Disclosure & Mitigation Report

Role(s)	First Name	Last Name	Ineligible Company	Nature of the Financial Relationship
Course Contact	Melissa	Trimble, C-TAGME		I have no relevant financial relationships or affiliations with commercial interests to disclose.
Course Director	Paul	Kammerlocher, MD		I have no relevant financial relationships or affiliations with commercial interests to disclose.
Speaker	Sara J.	Sustich, MD		I have no relevant financial relationships or affiliations with commercial interests to disclose.
Speaker	Christian V.	Demaio, MD		I have no relevant financial relationships or affiliations with commercial interests to disclose.