


Harold Hamm DIABETES CARE SUMMITSM

 HAROLD HAMM
DIABETES CENTER

The latest clinical guidelines and best practices for physicians and educators

- Updated approaches for diabetes patient management
- Multidisciplinary strategies for self-care and education

NORMAN, OKLAHOMA
FRIDAY, OCT. 27, 2017

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Harold Hamm DIABETES CARE SUMMIT

**H HAROLD HAMM
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PRESENTED BY

Harold Hamm Diabetes Center
at the University of Oklahoma

CO-PROVIDED BY

The University of Oklahoma
colleges of Medicine and
Nursing

CONTINUING PROFESSIONAL EDUCATION

SPECIALTIES/INTENDED AUDIENCES

Endocrinology, Family Medicine, General Medicine, Geriatrics, Internal Medicine, Nursing, Nurse Practitioners, Pediatrics, Pharmacists, Physician Assistants, Preventive Medicine, Primary Care Physicians, Registered Nurses, Certified Diabetes Educators, APRNs, Registered Dietitians, and other professionals providing diabetes care

LEARNING OBJECTIVES

Upon completion of this activity, participants will improve their competence and performance by being able to:

- Prepare an update on the most recent published studies and agents used to manage diabetes
- Develop diabetes management strategies through interaction with experts across multiple disciplines

KEYNOTE PRESENTER



Anne L. Peters, M.D. | Professor of Clinical Medicine; Director, Clinical Diabetes Programs, Keck School of Medicine, University of Southern California, Los Angeles

Dr. Peters is a nationally and internationally respected diabetologist and one of BestDoctors.com's "Best Doctors in America." She is the author of *Conquering Diabetes: A Complete Program for Prevention and Treatment* (2006).

Peters treats a spectrum of patients, from Hollywood producers, writers, and stars who frequent her clinic in Beverly Hills (and lots of "regular" people, as well) to the poor who populate her free diabetes clinic in East Los Angeles. She has a research center in East Los Angeles where she works with her team to prevent diabetes in the surrounding communities. Her research has been published in leading medical journals, including *JAMA*, *Annals of Internal Medicine*, the *American Journal of Medicine*, and *Diabetes Care*, and she has been quoted in, among other prominent publications, the *Los Angeles Times*, *The Wall Street Journal*, and *The New York Times*.

A former chairperson of the American Diabetes Association Council on Health Care Delivery and Public Health, Peters speaks nationally and internationally. She has appeared on *Larry King Live*, *Dateline*, CNN, *E.R.*, and the Discovery Channel, among others.

SUMMIT AGENDA

- 7:15–7:55 a.m.** Continental breakfast, nametag pickup and check-in instructions
- 7:55–8 a.m.** Welcome
- 8–9 a.m. KEYNOTE PRESENTATION:** *Innovations in Diabetes Technology: Applying New Tools in Practice*
Anne Peters, M.D.
- 9–9:15 a.m.** Break/Vendor Fair
- 9:15–11 a.m. BREAKOUT SESSIONS: Diabetes and Pregnancy or Weight Management**
- Diabetes & Pregnancy**
Current Controversies in Gestational Diabetes Diagnosis and Management | Stephanie Pierce, M.D.
Cardiometabolic Disease in Youth: What Is the Role of Maternal Diabetes? | Jeanie Tryggstad, M.D.
Hypertension and Chronic Kidney Disease in the Diabetic Pregnancy | Blake Porter, M.D.
- Weight Management**
Can Bariatric Surgery Cure Type 2 Diabetes? | Laura Fischer, M.D.
Non-Surgical and Pharmacologic Options for Managing Obesity | Jonea Lim, M.D.
Post-Op Medical Management After Bariatric Surgery | Mary Zoe Baker, M.D.
- 11–11:15 a.m.** Break/Vendor Fair/Pickup Box Lunch
- 11:15–11:55 a.m. Lunch Breakout Session 1** (or Vendor Fair)
- 11:55 a.m.–12:05 p.m.** Break/Vendor Fair/Change Rooms
- 12:05–12:45 p.m. Lunch Breakout Session 2** (or Vendor Fair)
- 12:45–12:50 p.m.** Break/Vendor Fair
- 12:50–1:45 p.m. PLENARY SESSION:** *Gut Microbiome Health and Health Disparities* | Cecil Lewis, PH.D.
- 1:45–1:55 p.m.** Break/Vendor Fair
- 1:55–3:40 p.m. BREAKOUT SESSIONS: Pharmacology or Health Disparities**
- Pharmacology**
Updates on New Diabetes Medications | Katherine O'Neal, PHARM.D., M.B.A., B.C.A.C.P., C.D.E., B.C.-A.D.M., A.E.-C.
Cardiovascular Impact of New Diabetes Drugs: What's the Fuss All About? | Madona Azar, M.D., M.P.H.
- Health Disparities**
The Changing Landscape of Healthcare: Moving from Volume to Value | Dale Bratzler, D.O., M.P.H.
Diabetes in the American Indian Population in an Urban Setting | Robyn Sunday-Allen, R.N., M.P.H.
- 3:40–3:50 p.m.** Break
- 3:50–4:45 p.m. PLENARY SESSION:** *"Wait, What Type Do They Have?" The Changing Landscapes of Type 1 and Type 2 Diabetes* | David Sparling, M.D., PH.D.
- 4:45 p.m.** Adjourn

LUNCH BREAKOUT SESSION TOPICS

*Insulin Management:
Pros and Cons*
Jonathan Meyer, M.D.
Mitali Talsania, M.D.

*Novel Insulin Pumps and
Glucose Sensors: How to Master
Expectations and Treatment*
Rebecca Allen, M.S., R.D./L.D., C.D.E.

*Diabetes Prevention Program
(DPP): An Oklahoma Perspective*
Teresa Brown, M.P.H., R.D./L.D., C.D.E.
Beth Goetz, B.A., C.P.T.

Carb-Count Like a Pro
Christy Olson, M.S., R.D./L.D., C.D.E.

PRESENTERS AND MODERATORS



Mary Zoe Baker



Cecil Lewis



David Sparling



Robyn Sunday-Allen

Rebecca Allen, M.S., R.D., L.D., C.D.E. | Dietitian and Diabetes Educator, Pediatric Diabetes and Endocrinology, Harold Hamm Diabetes Center-Children's, University of Oklahoma College of Medicine

Madona Azar, M.D., M.P.H. Associate Professor and Fellowship Director, Paul H. and Doris Eaton Travis Chair in Endocrinology, Endocrinology and Diabetes Section, Interim Director of Adult Clinical Programs, Harold Hamm Diabetes Center, University of Oklahoma College of Medicine

Mary Zoe Baker, M.D. | David Ross Boyd Professor, Endocrinology and Diabetes Section, Harold Hamm Diabetes Center, University of Oklahoma College of Medicine; Associate Chief of Staff for Education, Veterans Administration Medical Center, Oklahoma City

Dale Bratzler, D.O., M.P.H. Professor, University of Oklahoma colleges of Medicine and Public Health; Chief Quality Officer, OU Physicians; Medical Director, Clinical Skills Education and Testing Center, OU Health Sciences Center

Teresa Brown, M.P.H., R.D./L.D., C.D.E. | Supervisor, Nutrition and Diabetes Education Center, Norman Regional Health System, Norman

Laura Fischer, M.D., M.S. | Assistant Professor, Department of Surgery; Medical Director, Metabolic and Bariatric Surgery Program, University of Oklahoma College of Medicine

Beth Goetz, B.A., C.P.T. | Lifestyle Coach, Diabetes Prevention Program, Harold Hamm Diabetes Center; Master-Level Personal Trainer and Fitness Nutrition Specialist, YMCA-Edmond

Cecil Lewis, Ph.D. | Presidential Research Professor and Associate Professor, Department of Anthropology; Co-Director, Laboratories of Molecular Anthropology and Microbiome Research, University of Oklahoma College of Arts and Sciences

Jonea Lim, M.D. | Assistant Professor, Endocrinology and Diabetes Section, Harold Hamm Diabetes Center, University of Oklahoma College of Medicine

Jonathan Meyer, M.D. | Clinical Instructor, Harold Hamm Diabetes Center-Children's, University of Oklahoma College of Medicine

Christy Olson, M.S., R.D., L.D., C.D.E. | Diabetes Educator, OU Physicians Diabetes Life Clinic, Harold Hamm Diabetes Center - Oklahoma City

Katherine O'Neal, PHARM.D., M.B.A., B.C.A.C.P., C.D.E., B.C.-A.D.M., A.E.-C. | Assistant Professor, Department of Clinical and Administrative Sciences; Director, Ambulatory Care Specialty Track; Director, OU Physicians Internal Medicine Diabetes Education, University of Oklahoma College of Pharmacy, Tulsa

Anne Peters, M.D. | See Keynote Presenter p. 2

Stephanie Pierce, M.D. | Fellow, Maternal-Fetal Medicine, Department of Obstetrics and Gynecology, University of Oklahoma College of Medicine

Blake Porter, M.D. | Assistant Professor, Maternal-Fetal Medicine, Department of Obstetrics and Gynecology, University of Oklahoma College of Medicine

David Sparling, M.D., Ph.D. Assistant Professor, Pediatric Diabetes and Endocrinology, Harold Hamm Diabetes Center-Children's, University of Oklahoma College of Medicine

Robyn Sunday-Allen, R.N., M.P.H. Chief Executive Officer, Oklahoma City Indian Clinic

Mitali Talsania, M.D. | Assistant Professor, Endocrinology and Diabetes Section, Harold Hamm Diabetes Center, University of Oklahoma College of Medicine

Jeanie Tryggstad, M.D. Assistant Professor of Pediatrics, Pediatric Endocrinology and Diabetes Section, Harold Hamm Diabetes Center-Children's, University of Oklahoma College of Medicine

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CloudCME is a web-based system that keeps a convenient record of all the continuing education credits you receive through the OU Continuing Professional Development office. You can use CloudCME to register, sign in at the venue, complete your evaluation, and receive your continuing education certificate. Access it over a web browser at CME.OUHSC.edu or download the CloudCME app on your mobile device. For the app, our organization code is **ouhsc**.

No more sign-in sheets: When you arrive at the venue, you will use your mobile phone to text a code that signs you in. Instructions will be provided at the SUMMIT.

REGISTRATION FEE SCHEDULE

Early Rate (on or before Monday, Oct. 2) / **Regular Rate** (Oct. 3-27)

\$199 / \$249 / Physicians and Non-Physician Professionals

\$99 / \$129 / Medical Students or Resident Physicians

*Trainees must provide proof of status.
All rates above include continuing education credit.*

LOCATION DETAILS

Embassy Suites Norman Hotel & Conference Center

2501 Conference Drive, Norman, OK 73069
(405) 364-8040 | Norman.EmbassySuites.com

BOOK A ROOM at the reduced rate of \$135/night: Visit bit.ly/Summit2017Hotel (must include capitals) or call (866) 577-1273 and reference the Harold Hamm Diabetes Care SUMMIT.

PARKING: Complimentary on-site parking anytime.

ATTIRE: We recommend dressing in layers, including a jacket or sweater, as it is difficult to provide an auditorium temperature that is comfortable for everyone.

INTERNET: Wi-Fi access at the venue is included with your registration. Connection instructions will be provided at the event. However, we do not guarantee you will have access to an electrical outlet if your mobile device runs low on power. For this reason, we recommend you print out the SUMMIT syllabus in advance and bring it with you, if you will want to follow along during the presentations.

COURSE OVERVIEW

A multi-disciplinary, wide-ranging activity, covering several core competencies and designed to optimize the care of patients with diabetes by providing the knowledge base and practical tools necessary to help improve patient outcomes. The program seeks to provide an opportunity for the participant to interact and network with other diabetes professionals. This is a fast-paced course with speakers using an audience response system to interact with the audience. This provides participants with immediate feedback of their knowledge and the opportunity to reinforce comprehension and retention of key learning objectives. The course combines best practice strategies and education through case studies and lectures.

COURSE SYLLABUS

The complete syllabus for the 2017 SUMMIT will be available online through CloudCME a few days before the conference. You can print a copy to bring with you (recommended) or access it at the event on your mobile device (see LOCATION DETAILS at left for notes on internet access). You may order a hard copy of the syllabus at a cost of \$50 added to your registration fee.

GROUP RATE

Five or more persons registering from the same organization may qualify. Call (405) 271-2350 for details.



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The University of Oklahoma College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Oklahoma College of Medicine designates this live activity for a maximum of 7.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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Nurses completing the program will be awarded nursing continuing education contact hours. As of this printing, our application with the accreditation commission is pending approval.

The University of Oklahoma Fran and Earl Ziegler College of Nursing is an approved provider of continuing education by the Western Multi-State Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (Certificate #UOKCON-1019 - Approval active August 22, 2016-October 1, 2019)

DIETITIAN CONTINUING EDUCATION

Continuing education for Registered Dietitians and Registered Dietetic Technicians is, as of this printing, pending approval by the Commission on Dietetic Registration.

AWARDING CREDIT FOR PHARMACISTS

Continuing education for Pharmacists is, as of this printing, pending approval by the Oklahoma State Board of Pharmacy.

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ACCOMMODATION STATEMENT

Accommodations are available by contacting Katie Hoefling at (405) 271-2824 or katie-hoefling@ouhsc.edu as soon as possible.

ACKNOWLEDGEMENT OF COMMERCIAL AND IN-KIND SUPPORT

Commercial support is financial, or in-kind, contributions given by a commercial interest, which is used to pay all or part of the costs of a CME activity. A **commercial interest** is any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients.

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**2017 SUMMIT
PLANNING COMMITTEE**

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Bobby Saunkeah, R.N. | Manager of Research and Population Health, Chickasaw Nation

Katie Hoefling, Course Contact | Programs Coordinator, Harold Hamm Diabetes Center

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- \$199 - Physicians and Non-Physician Professionals
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- Regular Registration (Oct. 3-27, 2017)
- \$249 - Physicians and Non-Physician Professionals
 - \$129 - Medical Students or Resident Physicians

Optional Course Supplement

- \$50 - YES, reserve a printed, bound copy of the 2017 SUMMIT Syllabus for me (available upon check-in Oct. 27). *Electronic copies are included with registration.*

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