

Cari D. Epperson

Cari is a Licensed Social Worker who earned her Bachelor of Science degree in Mild Moderate Disabilities from Northeastern State University in Broken Arrow, OK. Cari taught special education for 13yrs before going back to school for her Masters in Social Work from University of Oklahoma. Cari's experience includes serving as a hospice social worker, working with patients in an inpatient and outpatient setting. Currently, she works at OU Children's Hospital as the social worker for the Pediatric Palliative Care team. Cari's objective for her palliative care patients and families is to help aid and assist in advocating for their goals of care.

Cari started the bereavement program for the Palliative Care Team and serves as the team's bereavement coordinator. She is certified by the Grief Recovery Institute as a Grief Recovery Specialist. Cari is also a Certified Provider in Compassionate Bereavement Care. Cari believes grief is one of the most powerful emotions and also the most neglected. She practices in a holistic manner considering all parts of her client's grief through the lens of a psychological, emotional, social, interpersonal, and spiritual perspective.

Cari is married and has 2 daughters. She enjoys time on the beach, spending time with her family, listening to podcasts, watching Netflix, and anything Brene Brown.