In my "prior life" before embarking on a career in Family Medicine, I worked as a Financial and Internal Auditor in the Healthcare Industry. I am a CPA and I was fortunate to have worked with many non-for-profit large and small hospitals, healthcare organizations and several large Academic Healthcare Systems in Boston and Chicago. I am originally from Golden Colorado, I obtained my undergraduate degree in Business from the University of Colorado in 1991 and worked in Public Accounting and Internal Audit from 1992 through mid-2005. I completed my Pre-Medical studies at the University of Oklahoma in Norman from 2005 through mid-2008, attended medical school at Oklahoma State University College of Osteopathic Medicine in Tulsa from 2008 to mid-2012. I completed my Residency in Family Medicine at the University of Oklahoma Family Medicine Program from July 2012 through end of June 2015. I worked in a private practice for 18 months in Norman and then joined the Faculty at OU Family Medicine in March 2017. My responsibilities here include supervising and teaching medical students and Resident Physicians in the clinic and during their inpatient hospital rotations. I am also responsible for Practice Management training of our residents that encompasses all 3 years of their training and I participate in several Information System, Clinic Operations and Finance Committee steering committees at OU Physicians. I hope to eventually serve on OU Medicine Audit and Finance Committee to allow me to provide my insights as both a physician, a prior resident and a business person. I am participating in ongoing clinical research projects as well including an ongoing discussion of Global Warming and its effects on healthcare. I love working with the Residents and Students, the inspire me to be the best physician I can, bring joy to my life as I watch them develop and mature into successful practicing physicians. I volunteer at a Free Care Clinic along with other Family Medicine Residents to give back to the underserved and reinforce why I practice medicine.