**Regularly Scheduled Series**

**Psychiatry Grand Rounds**

**Department of Psychiatry**

## **The University of Oklahoma**

## **Tulsa School of Community Medicine**

**Course No. 21D13**

**Wednesday, May 19, 2021**

**1:00 p.m. - 1:55 p.m.**

**Cognitive Behavioral Therapy for Nightmares in Children**

Tara Buck, M.D.

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Child & Adolescent Psychiatry Fellowship

Oxley Foundation Chair in Child and Adolescent Psychiatric Research

Department of Psychiatry, OU School of Community Medicine

Lisa Cromer, Ph.D.

Clinical Psychology

Associate Professor of Psychology

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The University of Tulsa

**Professional Practice Gap**: Practitioners may be unaware of the affects and treatment of nightmares for children.

**Learning Objectives**: Upon completion of this session, participants will improve their competence and performance by being able to:

Examine what we understand about nightmares in the literature.

Review nightmares as a risk factor for suicide.

Discuss the pediatric nightmare study and cognitive behavioral therapy for nightmares in children.

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The University of Oklahoma College of Medicine designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credit™.*  Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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