

Psychiatry & Behavioral Sciences Grand
Rounds Course No. 20D04
Thursday, February 27, 2020
12:00 pm - 1:00pm

***** SAMIS Center, Rainbolt Auditorium, 2nd Floor*****

“Early Life Adversity, Blunted Stress Reactivity and Poor Health Behaviors in Adulthood”

Presented by:

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Professional Practice Gap:

1. There is much research and clinical emphasis on treatment of patients with alcohol and other substance use disorders. There is far less information on pre-existing risk factors in young adults from alcoholic families that may put them at risk for substance use disorders in the future.
2. This CME lecture will focus on the following characteristics of this family history population: altered stress reactivity, risky behaviors, cognitive deficits, and unstable mood regulation. We will also present on early life adversity as a major contributor to each of these personal risk characteristics.
3. Finally, we will describe how specific genetic characteristics can increase vulnerability to early life adversity to further enhance such risk factors.

Learning Objectives - Upon completion of this session, participants will improve their competence and performance by being able to:

1. Define characteristics of healthy young adults raised in alcoholic families that may contribute to the risk for alcoholism and other substance use disorders.
2. Describe the impact of early life adversity as it may increase these risk-related characteristics.
3. Describe how genetic characteristics may increase the impact of early life adversity.

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