

You are invited to the OUHSC Department of Pediatrics Grand Rounds  
Course No. 20D06  
Wednesday, September 4, 2019  
12:15-1:15pm  
\*\*\*Samis Education Center\*\*\*  
Rainbolt Family Auditorium

## “Irregular Menses in Teens: the PCOS Conundrum”

Presented by:

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Assistant Professor

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Department of Obstetrics and Gynecology

University of Oklahoma Health Sciences Center

Invited by: Adolescent Medicine

OUHSC Department of Pediatrics

**Learning Objectives:** Upon completion of this session, participants will improve their competence and performance by being able to:

1. Define normal and abnormal menstruation patterns.
2. Describe the diagnostic criteria for PCOS, and the challenges to diagnosis in adolescents.
3. Describe common treatment options for management of PCOS.

**Professional Practice Gap:** Polycystic ovarian syndrome affects 5% to 10% of adult women and is increasingly recognized in the adolescent population. Considerable debate has surrounded how to diagnose this syndrome in both adult women and adolescents. Adolescents with PCOS are an intriguing subgroup to define, as features that define PCOS often overlap with normal puberty.

1. Identifying abnormal menstruation patterns that require further work up.
2. Recognizing the challenges to diagnosing PCOS in teens.
3. Providing counseling regarding impact of PCOS on long term health.

If you wish to view live or video tapes of past GR, go to <https://mediasite.ouhsc.edu/Mediasite/Channel/ch-pedsgr>

Note: We do not have permission from all presenters to videotape their presentations.

A list of upcoming Pediatric GR topics can be found at: <https://www.oumedicine.com/department-of-pediatrics/research-and-education/grand-rounds>

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**Accommodation Statement:** For accommodations, please contact Alix Darden, PhD, MEd at 405-271-4401 or [alix-darden@ouhsc.edu](mailto:alix-darden@ouhsc.edu).

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