

The 47th Annual

William K. Ishmael Rheumatology Symposium & Inaugural Morris Reichlin Memorial Lectureship

Friday, Oct. 1, 2021

William K. Ishmael Rheumatology Symposium & Inaugural Morris Reichlin Memorial Lectureship

The Annual William K. Ishmael Rheumatology Symposium will be presented virtually by the Department of Medicine, Section of Rheumatology from 8 a.m. to 5 p.m., Friday, Oct. 1.

The symposium aims to disseminate the latest in basic and clinical rheumatologic research to healthcare providers in the state of Oklahoma. This one-day event will feature a range of subject experts, including University of Oklahoma College of Medicine faculty as well as distinguished guest presenters.

Presentations will include a "meet the professor" concurrent sessions, conducted in a small-group discussion format. Interesting cases from first-hand clinical experience promise to be informative and beneficial.

Attendees will be asked to complete a questionnaire provided at the close of the activity to help evaluate its effectiveness.

Intended/Target Audience:

Physicians, Advanced Practice Registered Nurses, Physician Assistants, Nurse Practitioners and specialty physicians including: Allergy, Immunology, Family Medicine, General Medicine, Hematology, Immunology, Internal Medicine, Orthopedic Surgery & Rehabilitation, Pulmonary Medicine, Research, Rheumatology and Sleep Medicine.

Activity Description:

This intensive one day offering that includes a review and update on major subject areas in rheumatology. The faculty chosen to speak are recruited locally and from nationally recognized leaders in their fields. The topics are chosen from the prior year's participant suggestions. The seminars are focused on practical diagnosis, treatment, and latest research in areas related to the successful delivery of rheumatology health care and patient outcomes. The University of Oklahoma College of Medicine faculty is nationally recognized for their expertise in the management of complex conditions that is unavailable elsewhere in the state, region or sometimes even the nation. This is a very fast-paced symposium with five lectures and five concurrent meet the professor sessions.

Each session will include time for questions and answers. The course combines best practice strategies and education through case studies and lectures,

Learning Objectives:

Upon completion of this activity, participants will improve their competency and performance by being able to:

- Discuss if people receiving immunosuppressive drugs are more susceptible to initial infection with SARS-CoV-2.
- 2. Describe the outcomes of COVID-19 in immunosuppressed individuals.
- 3. Identify the rheumatology drugs that are effective for treating COVID-19.
- 4. Describe antibody response in our rheumatic patients.
- 5. Describe lupus nephritis screening and surveillance guidelines.
- 6. Identify lupus nephritis treatment guidelines.
- 7. Compare new lupus nephritis treatments.
- 8. Describe myositis specific auto-antibodies that define disease complications and predict response to therapies.
- 9. Describe how pregnancy outcomes in lupus data was assessed and interpreted.
- 10. Demonstrate how to implement pregnancy guidelines in the clinical care of patients.
- 11. Estimate risks of medication use during lupus pregnancies with risks of under treated disease.
- 12. Summarize the temporal changes in pregnancy outcomes in SLE as management paradigms have evolved.

Accreditation Council for Graduate Medical Education (ACGME) American Board of Medical Specialties (ABMS Competencies)

- Medical knowledge
- Employ Evidence-Based Practice

Questions: If you have any questions, please contact **Nicole Lung** at (405) 271-2330 or nicole-lung@ouhsc.edu

Conference Agenda – Friday, Oct 1, 2021

	MORNING SESSION Moderator: Mary Beth Humphrey, M.D., Ph.D.		
7:30 -8:30 a.m.	Virtually Visit Exhibitors		
8 a.m - 8:30 a.m	Record Attendance		
8:30 a.m.	Welcome and Introductions, CME Instructions Mary Beth Humphrey, M.D., Ph.D., Section Chief, Division of Rheumatology		
9 a.m.	"Systemic Lupus Erythematosus (SLE): Updates on Pregnancy Risks and Management" Eliza F. Chakravarty, M.D., Associate Member, Oklahoma Medical Research Foundation		
10 a.m.	"2021 Update of Lupus Nephritis" Cristina G. Arriens, M.D., Clinical Assistant Member, Oklahoma Medical Research Foundation		
11 a.m.	Morning Coffee Break/Virtually Visit Exhibitors		
11:15 a.m.	First Annual Morris Reichlin Memorial Lecture: "Myositis: How Antibodies Predict Disease Course" Ira N. Targoff, M.D., Associate Member, Oklahoma Medical Research Foundation		
12:15 a.m.	Lunch/Virtually Visit Exhibitors		
	AFTERNOON SESSION Moderator: Mary Beth Humphrey, M.D., Ph.D.		
12:45 p.m.	"Managing Immunomodulating Therapies and Immunocompromised Patients during the COVID-19 Pandemic" Jinoos Yazdany, M.D., M.P.H., University of California San Francisco		
1:45 p.m.	"Perils of a Positive Antinuclear Antibodies (ANA)" Judith A. James, M.D., Ph.D., Member, Oklahoma Medical Research Foundation		
2:45 p.m.	Meet the Professor Sessions: Open Forum Discussion of Audience Cases		
	Eliza F. Chakravarty, M.D. "Systemic Lupus Erythematosus: Updates on Pregnancy Risks and Management"		
	Judith A. James, M.D., Ph.D. "Perils of a Positive Antinuclear Antibodies (ANA)"		
	Jinoos Yazdany, M.D., M.P.H. "Managing Immunomodulating Therapies and Immunocompromised Patients during the COVID-19 Pandemic"		
	Ira N. Targoff, M.D. "Myositis: How Antibodies Predict Disease Course"		
	Cristina G. Arriens, M.D., M.S. "2021 Update of Lupus Nephritis"		
3:45-3:50 p.m.	Wrap-Up		

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ACCME/AMA PRA Accreditation Statement:

The University of Oklahoma College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Oklahoma, College of Medicine designates this live activity for a maximum of 6.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



ABIM MOC Recognition Statement:

Successful completion of this CME activity, which

includes participation in the evaluation component, enables the participant to earn up to 5.00 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Within 60 days of the end of the session, ABIM MOC Points will be reported on your behalf.

For information about ACCME accreditation and ABIM MOC for this session, please email myrna page@ouhsc. edu.

By providing your ABIM number, you consent to have the OUHSC CPD Office submit your participation in this activity to the ABIM through the ACCME PARS system.

Learning Format: Live Virtual Activity

ANCC Accreditation Statement:

OU Medicine, Inc. is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

CNE Disclosure Statements:

OU Medicine, Inc. is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

6.00 CNE contact hours will be awarded for meeting the following criteria: 90% attendance of conference, completion and submission of evaluation form.

This educational activity does not include any content that relates to the products and/or services of a commercial interest that would create a conflict of interest.

AAFP Accreditation Statement:

The AAFP has reviewed The 47th Annual Ishmael Rheumatology Symposium and Inaugural Morris Reichlin Memorial Lectureship and deemed it acceptable for up to 6.00 In-Person, Live (could include online) AAFP Elective credit. Term of Approval is from 10/01/2021 to 10/01/2021. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAPA Accreditation Statement:

This activity has been reviewed by the AAPA Review Panel and is compliant with AAPA CME Criteria. This activity is designated for 6.00 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation. Approval is valid from 10/1/2021 to 10/1/2021. AAPA reference number: CME-203447.

Planning Committee Members:

Mary Beth Humphrey, M.D., Ph.D. – Course Director Nicole L. Lung, M.S. – Course Contact Rabia S. Cheema, M.D.

Carol L. Davenport, M.S.N., R.N.-B.C., N.P.D.-B.C.

Angie R. Thomas, P.A.-C.

Matlock A. Jeffries, M.D., F.A.C.P., F.A.C.R.

Samera Vaseer, M.D.

Aikaterina (Katherine) Thanou, M.D.

Overall Professional Practice Gaps

- GAP 1. Pregnancy in rheumatic conditions can lead to poor maternal and fetal outcomes. Health care providers may not be aware that evidence-based guidelines to manage pregnancy in rheumatology conditions have been recently published entitled: 2020 American College of Rheumatology Guideline(s) for the Management of Reproductive Health in Rheumatic and Musculoskeletal Diseases.
- GAP 2. Physicians may be unaware of the multitude of rheumatic complications occurring after COVID-19, including long COVID, and vaccine responses on rheumatic medications, and outcomes of rheumatic patients that get COVID-19.
- GAP 3. Lupus nephritis is difficult to treat but guidelines are available as well as new treatments. Physicians may be unaware that in 2019, the joint guidelines for the management of adult and pediatric lupus nephritis were updated by the European League Against Rheumatism and European Renal Association-European Dialysis and Transplant Association (EULAR/ERA-EDTA).
- **GAP 4.** Health care providers may not be aware of the importance of myositis-specific autoantibodies and disease manifestations and response to medications.

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Mitigation Statement

The University of Oklahoma College of Medicine, Office of Continuing Professional Development has reviewed this activity's planner and presenter disclosures and has mitigated all relevant financial relationships with ineligible companies, if applicable.

Accommodation Statement:

For accommodations, please contact Nicole Lung at (405) 271-2330 or nicole-lung@ouhsc.edu as soon as possible.

Acknowledgement of Commercial and In-Kind Support:

Commercial support is financial, or in-kind, contributions given by an ineligible company, which is used to pay all or part of the costs of a CME activity. An ineligible company is any company whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

This activity received no commercial or in-kind support.

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It is the policy of the University of Oklahoma College of Medicine that the faculty and presenters identify all financial relationships with ineligible companies relating to the topics of this educational activity, and also discloses discussions of off-label or investigational drugs/devices and/or therapies during their presentation(s).

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Registration Fee	Registration Date	Attending	
\$100 (Virtual)	Early (by 9/27/2021)	Physicians (MD/DO) OU Health/COM Physicians, Faculty, Staff Other Healthcare (Nurse, PA, Pharmacy, etc.)	
\$125 (Virtual)	Beginning 9/28/21	Physicians (MD/DO) OU Health/COM Physicians, Faculty, Staff Other Healthcare (Nurse, PA, Pharmacy, etc.)	
\$0* (Virtual)	Beginning 9/28/21	OUHSC Students, Residents, and Fellows	
\$0* (Virtual)	Beginning 9/28/21	OUHSC Rheumatology Faculty VA Rheumatology PAs	
*Please contact Nicole L. Lung for promo code before registering. (405-271-2330 / Nicole-Lung@ouhsc.edu)			

- Registration Fee for Virtual attendance includes course materials and CME credit.
- No registration refunds will be made after Sept. 20, 2021
- Written notification of cancellation must be postmarked on or before Sept. 20, 2021
- Cancellation Fee is \$25
- Confirmations will be emailed. (This annual conference is subject to cancellation if registration is insufficient, in which case all registration fees will be refunded.)

Payment Method for departmental transfers* or purchase orders please contact Jim Albertson: james-albertson@ouhsc.edu or call, (405) 271-2350 ext. 6

*Spreadsheet Information for Cost Transfers: MISCA MED00015 00014 00000 | Tax ID: #73-156-3627

Credit card payments are accepted online. We accept Visa, Mastercard, & Discover only.

For questions or more information, contact Jim Albertson: james-albertson@ouhsc.edu or (405) 271-2350, ext. 6

