

# **"Diversity, Culture and Current Treatments in Psychiatry: An Educational Forum"**

Jointly provided by the Central Oklahoma Psychiatric Society and the  
University of Oklahoma College of Medicine Continuing Professional Development

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## **"Correctional Psychiatry 2019"**

### **"Ketamine Enantiomers: Efficacy, Mechanism of Action and Clinical Implications"**

#### **Distinguished Faculty:**

##### **Gabriel Cuka, MD**

*Dr. Cuka was recruited by the University of Oklahoma Health Sciences Center in Oklahoma City to join the faculty in a new staff position at the Oklahoma County Detention Center. Prior to this appointment, Dr. Cuka has served our country in the US Army Reserve in Iraq and Kosovo and as a staff psychiatrist at Hope Community Services.*

##### **Rachel Dalthorp, MD**

*Dr. Dalthorp is a board certified, private practice psychiatrist in Oklahoma City. She began her private practice in 2014 and has a special interest in the subspecialty of Reproductive Psychiatry and more recently, the use of psychedelic medications for treatment resistant depression and anxiety.*

**Learning Objectives** — Upon completion of this session, participants will improve their competence and performance by being able to:  
1) Develop an increased understanding of prescription medication abuse in the correctional setting. 2) Discuss the political nature of Correctional Psychiatry. 3) Distinguish and interpret suicide risk factors in the correctional setting. 4) Develop an understanding of the differences in efficacy of racemic and the two enantiomers of Ketamine. 5) Review basic science and clinical research regarding these two mirror image isomers and their mechanism of action. 6) Discuss the implications for treatment and future medication development.

**October 3, 2019**

**6:00 p.m. to 9:00 p.m.**

6:00-7:00 p.m. Socialization, Cocktails, Dinner  
7:00-9:00 p.m. CME programs

**Pearl's Oyster Bar "Diamond Room"**  
5641 N. Classen Blvd., Oklahoma City

#### **Program Fees:**

**2019 PAID COPS Members FREE**  
(for information regarding COPS 2019 membership dues email to [oklapsychiatry@gmail.com](mailto:oklapsychiatry@gmail.com))

**October Program Only (Physician) \$50**  
(includes dinner and 2 AMA PRA Category 1 credits™)

**FREE to current OPFA Resident Fellows**  
Non-member Psychiatry Residents \$20  
Non-Physician Guest \$30

**Reservations are required.**  
Email to [oklapsychiatry@gmail.com](mailto:oklapsychiatry@gmail.com)

#### **Professional Practice Gaps**

1. The incarcerated population is enriched with substance use disorders. Even DEA non-scheduled medications prescribed in the correctional setting are abused and/or diverted. A presentation and discussion of problem medications in the correctional setting with a case study demonstrating the politics that can come into play for the correctional psychiatrist will increase awareness and understanding for the practicing psychiatrist. Also a completed suicide will be presented and discussed.
2. This presentation will involve a discussion of the similarities and differences between racemic, esketamine and arketamine. Basic science and clinical research will be presented. We will review certain patient characteristics that may assist in the decision to treat with esketamine or racemic ketamine. Side effect profile and patient experiences will be shared. Implications for future treatments will also be discussed.

**Accreditation Statement:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Oklahoma College of Medicine and Central Oklahoma Psychiatric Society. The University of Oklahoma College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Oklahoma College of Medicine designates this live activity for a maximum of **2.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Conflict Resolution Statement:** The University of Oklahoma College of Medicine, Office of Continuing Professional Development has reviewed this activity's speaker and planner disclosures and resolved all identified conflicts of interest, if applicable.

**Nondiscrimination Statement:** The University of Oklahoma, in compliance with all applicable federal and state laws and regulations does not discriminate on the basis of race, color, national origin, sex, sexual orientation, genetic information, gender identity, gender expression, age, religion, disability, political beliefs, or status as a veteran in any of its policies, practices, or procedures. This includes, but is not limited to: admissions, employment, financial aid and educational services. Inquiries regarding non-discrimination policies may be directed to Bobby J. Mason, Institutional Equity Officer, (405) 325-3546, [bjm@ou.edu](mailto:bjm@ou.edu), or visit [www.ou.edu/eooo](http://www.ou.edu/eooo). The University of Oklahoma is an Equal Opportunity Institution. [www.ou.edu/eoo](http://www.ou.edu/eoo)

**Accommodation Statement:** For accommodations on the basis of disability, call 405-360-5066.

**Disclaimer Statement:** Statements, opinions and results of studies contained in the program are those of the presenters, authors and joint provider and do not reflect the policy or position of the Board of Regents of the University of Oklahoma ("OU") nor does OU provide any warranty as to their accuracy or reliability.

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**Policy on Faculty and Joint Provider Disclosure:** It is the policy of the University of Oklahoma College of Medicine that the faculty, presenters and joint providers disclose real or apparent conflicts of interest relating to the topics of this educational activity, and also disclose discussions of unlabeled/unapproved uses of drugs or devices during their presentation(s).

**Acknowledgement of Commercial and In-Kind Support:** This activity received no commercial or in-kind support.

**Disclosure and Resolution Report:** The University of Oklahoma College of Medicine and the Irwin H. Brown Office of Continuing Professional Development must ensure balance, independence, objectivity and scientific rigor in all its activities. We have implemented a process where everyone who is in a position to control the content of an educational activity has disclosed to us all relevant financial relationships with any commercial interest. In addition, should it be determined that a conflict of interest exists as a result of a financial relationship one may have, this will be resolved prior to the activity. This policy is designed to provide the target audience with an opportunity to review any affiliations between the CME organizers and presenters and supporting organizations for the purpose of determining the potential presence of bias or influence over educational content. The following is a summary of this activities disclosure information.

			Nature of Relevant Financial Relationship		
Role	First Name	Last Name	Commercial Interest	What was received?	For what role?
Course Director	Phebe	Tucker, MD	I have no relevant financial relationships or affiliations with commercial interests to disclose.		
Course Contact	Renee	Mixon	I have no relevant financial relationships or affiliations with commercial interests to disclose.		
Planning Committee	Britta	Ostermeyer, MD	I have no relevant financial relationships or affiliations with commercial interests to disclose.		
Planning Committee	Art	Rousseau, MD	I have no relevant financial relationships or affiliations with commercial interests to disclose.		
Planning Committee	S. Jay	Lensgraf, MD	I have no relevant financial relationships or affiliations with commercial interests to disclose.		
Planning Committee	Heather	Geis, MD	I have no relevant financial relationships or affiliations with commercial interests to disclose.		
Planning Committee	Jed	Perdue, MD	I have no relevant financial relationships or affiliations with commercial interests to disclose.		
Speaker	Gabriel	Cuka, MD	I have no relevant financial relationships or affiliations with commercial interests to disclose.		
Speaker	Rachel	Dalthorp, MD	Janssen	Speaker Fee	Promotional Speaker
			Otsuka	Consultant Fee	Presentation
			The conflict was resolved by Dr. Dalthorp agreeing to refrain from making recommendations on topics in which the conflict exists and agreeing to only present peer-reviewed, published data and recommendations that have been reviewed by the planning committee and the OU-CPD office.		

**The Central Oklahoma Psychiatric Society is the Oklahoma City metro area chapter of the Oklahoma Psychiatric Physicians Association, a district branch of the American Psychiatric Association.**